**Three Requisite Elements to a Judo Dan Grade**

**(Adapted from FFJDA)**

**« SHIN »**, relating to **personal conduc**t (refer 8 elements of personal conduct)

This includes demonstrating these behaviours on the mat, in life and encouraging/teaching others to adopt these behaviours.

**« GHI »**, **Technical/Skill** element – the ability to demonstrate technical knowledge of judo with partner. This includes demonstration of the 2 principles of judo. Understanding and demonstration of attack/defence and action/reaction. The Kodokan requires this through formal kata, the BJA has laid out its technical theory requirments.

**« TAI »**, Practical/Competitive element – ability to demonstrate the 2 principles of judo against an opponent in a shiai situation through the combined effectof the physical elements of strength, speed, agility, as well as physical and mental skills. This requirement is critical from 1st to 5th dan. A minimum requirement of competitive 3rd dan is required for high grade promotions (6th dan and above)

« SHIN », cited first, is the dominant requirement and gives meaning to the other two.

*"Caligraphies by Madame Awazu, wife of Shozo Awazu, 9th dan FFDJA"*